

Lion Rugby FC Girls

April 2010

What started out as a quiet month has turned into something quite different.

We had two Super Sundays in one month with mixed results.

The first at Sandy Bay showed promise for both the U16's and U19's. Although U16 lost all three of their matches they showed that they had developed as a team and that going forward they would improve their results.

U19 suffered from a lack of support off the pitch! At kick off time only five players had turned up. This meant that they started the first match with only six players on the pitch [having borrowed one from the police]. Luckily DeA offered to lend us two girls for the second half of the match and this meant that we were at least able to hold up a good defensive line. Having said this we only lost by one try and I believe we could have won if everybody had been there. When the missing players did arrive [and with support from Aberdeen] we went on to a convincing win over the police 44 – 0.

The second super Sunday was much better with a good turn out of players and the U16's having their first win in the 7's tournament.

U19 went on to win both their games and move up to the bowl position in the competition. Having been plagued with injuries the performance here showed what we can do when we are missing players. Let's go into the all girls tournament at full strength believing in ourselves. 17 tries in four games was pretty good going!

It is always nice to get compliments

and I was very pleased to be told by one of the other club managers that they couldn't decide if it was the Lion U16 or the Lion U19 team which had made the greatest overall improvement, amongst all the clubs, during the second half of the season. This is justification for all the effort you have put in as players and that Ah Lun has put in coaching you. Be proud of what you have achieved!!

Other things to be noted during the month were:

Dalmation, Ah Tung, Janny and Amber all been selected for the Hong Kong U18 tour to Japan in April.

Cindy Yuen playing for the U16 Peninsula 7's showcase team [along with Ah Yee from the Police]

Vanessa playing for the U19 showcase at the Hong Kong Stadium!

Six players attending the kicking clinic and several of you attending the HK rugby 7's [and making lots of new friends.]

Finally Kowloon Rugby club decided to give player awards to the Lions this season:

Congratulations to Dalmation and Ivy from U19 and Cindy Yuen, Victoria and Swimm from U16, who all received well-deserved recognition. Check out the photo of Dalmation receiving her award from Ryno Benjamin [South Africa 7's team] on facebook!

April Schedule

4th – Training THT 10:30 – 12:30

11th – Training THT 10:30 – 12:30

18th – Training THT 10:30 – 12:30

Sat 24th – All Girls Tournament

25th - TBC

Andrew

Newsletter

